

Purple Cities Education Presentation



What you will learn in this presentation:

- What is Dementia, and what are some potential signs of Dementia?
- How do I recognize someone with Dementia?
- How do I communicate with/ help someone who has, or may show signs of Dementia?
- What should I not do when communicating with someone who has, or may show signs of Dementia?
- Who do I call for help and/or more information?

What is Dementia, and what are some potential signs of Dementia?

- Dementia is a collective term used to describe the symptoms that individuals with different brain disorders/ damage can have with their memory, language, and thinking.
- Alzheimer's Disease is the most common/ known disorder under the Dementia umbrella.



Dementia

Frontotemporal

Vascular

Lewy Body

Creutzfeldt-Jakob Disease

Alzheimer's

Huntington's

Traumatic Brain Injury

Encephalopathy

What are some potential signs of Dementia?

- Memory Loss
- Confusion/ Disorientation to Time and Place
- Inappropriate Behavior
- Impaired Judgment/ Poor Reasoning
- Loss of Communication Skills

How do I communicate with/ help someone who has, or may show signs of Dementia?

- Use short, simple sentences.
- Allow the person time to process what you are saying.
- Address the person by their preferred name.
- Let the person know that you are here to help.
- Talk slowly and clearly.
- Ask one question at a time.
- Speak only when you are visible to the person; maintain eye contact.
- Limit distractions i.e. Hand gestures, noise

What should I NOT do when communicating with someone who has or may show signs of Dementia?

- Talk loudly if they do not understand.
- Talk as if the person isn't there.
- Look frustrated or mad.
- Use sarcasm or humor.
- Rush the person.
- Argue.

Who do I call for help?

- In Case of Emergency call 911
- Police/ Fire Department (within City Limits)
(865)215-4010
- Rural Metro (Outside City Limits) (865)546-9960

Who do I call for more information?

- Purple Cities Alliance www.purplecities.org
- Alzheimer's Tennessee www.alzTennessee.org
Phone: (865) 544-6288, 1(888) 326-9888
- Alzheimer's Association Eastern TN Chapter
www.alz.org/tn Phone: (865)200-6668
24/7 help line: 1(800) 272-3900